NEWSLETTER

NOV. 2026

WELCOME TO OUR

November Newsletter

IN THIS ISSUE

Check out our latest community updates in this month's newsletter. Inside, you'll find a message from our Executive Director, important dates to remember, and photos of residents engaging in activities.

Read on to find out more!

MEET THE TEAM

EXECUTIVE DIRECTOR: LIZZIE FRAWLEY
DIRECTOR OF COMMUNITY RELATIONS: ASHLEY WHORLEY
BUSINESS OFFICE MANAGER/ HR: ALEXANDRA PROSSER
WELLNESS DIRECTOR: HELENE TOTH
ASSISTANT WELLNESS DIRECTOR: TAMMY GENDRON
CORPORATE DIRECTOR OF RESIDENT & BUSINESS: FRANCESCA MARKEE
CULINARY DIRECTOR: KERRYANN LANCASTER
ENVIRONMENTAL SERVICE DIRECTOR: JOSH SHAPIRO

ALL OF THE EMAILS FOLLOW THE SAME FORMAT:
ELIZABETH.FRAWLEY@YOURLIFESL.NET

BE SURE TO STAY TUNED TO OUR NEW FACEBOOK PAGE!
LEAVE US A REVIEW FOR A CHANCE TO WIN A RAFFLE BASKET.

SAVE THE DATE

NOV.5TH
BIRTHDAY BASH W/ THE OHANA SISTERS
2P

NOV. 10TH
VETERANS HONOR CEREMONY
W/ VITAS AND HERITAGE HIGH ROTC!
10:30A

NOV. 26TH
THANKSGIVING FAMILY LUNCH EVENT
12:00P-1:00P

PLEASE CALL THE CONCIERGE TO R.S.V.P BY THE 20TH FOR THANKSGIVING!
321.220.0295

YOURLIFE OF WEST MELBOURNE
2395 Minton Road
W. Melbourne, Fl 32904
321.220.0295

A Letter from Executive Director:
Lizzie Frawley

As we welcome November, we're feeling extra thankful for our amazing staff and residents who make our community so special! Did you know one of our residents will be celebrating their 100th birthday this month? What an incredible milestone!

We'll also be continuing our annual "Thanksgiving in a Bag" drive, providing our staff with a turkey and side dishes to enjoy with their families this holiday season.

Don't forget to RSVP for our Family Resource Night on November 4th! We're also looking for volunteers to help decorate for the holidays. If you're interested in spreading some holiday cheer, please reach out to Francesca.

Wishing everyone a happy and thankful November!

Employee Spotlight:

Charlene D.

We are absolutely thrilled to announce that Charlene is our Employee of the Month for this month! Charlene, who works as one of our exceptional Housekeepers at the community, always goes above and beyond.
We are truly grateful to have her as part of our team!

ENGAGEMENT HIGHLIGHTS

Keeping up with YOURLife:
Community Relations Director,
Ashley Whorley

Hello families and friends,
We want to remind you about our upcoming monthly support group meeting, scheduled for the second Friday of this month. We truly value your presence, so please remember to call and R.S.V.P. as seating is limited. We look forward to seeing you there and sharing this time together. Additionally, we would like to remind you about our "Refer a Friend" program. If you have someone in mind who could benefit from our community, please don't hesitate to reach out for more information.

Visit us online
www.YourLifeSL.net

Save the Date!

CIRCLE OF FRIENDS

YOURLife MEMORY CARE
Support group for families and caregivers touched by dementia

November 13th | 11:45am

Dementia Resources

What is Dementia? Dementia is not a specific disease but rather a term that describes symptoms caused by various brain disorders. Please click the link below to learn more information: https://www.dementiasociety.org/definitions

YOURLife Library Picks for the Month:

- What Do I Say Now?: Practical Dementia Communication Scripts for Adult Daughters Caring for an Aging Parent- Elara Bloom

Books can be found on Amazon!

YourLife Supports Senior Santa!
This holiday season, YourLife of West Melbourne is proud to support Senior Santa, a wonderful charity that provides Christmas gifts to seniors living in nursing homes.
We are collecting donations to help make the holidays brighter for these deserving seniors! Items needed include:

- Puzzle books and adult coloring books
- Toiletry kits
- Cozy pajamas
- Sneakers and socks
- Nice tops and clothing
- Treats and goodies

Donations will be accepted through the first week of December.
Every donation makes a difference and helps remind our seniors that they are loved and remembered.
Thank you for helping our YourLife family spread a little extra joy this Christmas!

Call Us
(321) 220.0295

Assisted Living Facility
License #13553